

[www.buckshornets.co.uk](http://www.buckshornets.co.uk)



# Bucks Hornets

## Basketball Academy

# The Bucks Hornets Basketball Academy could be for you ...

The Academy is located at Aylesbury Grammar School and provides a two year programme that combines quality basketball training with a wide choice of academic studies. The academy is designed to offer you the best opportunity to excel as a basketball player and perform at the highest level possible whilst you maintain your 6<sup>th</sup> Form academic studies at one of our local Partnership Schools.

## What does the Academy involve?

- Technical certificate – A Levels, BTEC's, GNVQ's
- England Basketball Table Official Award
  - England Basketball Refereeing Award
  - England Basketball Coaching Award

## Why choose the Bucks Hornets Academy?

You will be coached by some of the best coaches in England at developing elite players

You will get a minimum of 10 hours on court time per week in addition to your normal National League practice.

You will be given a basketball specific strength & conditioning programme to also include speed, agility and plyometrics.

You will attend elite performance lifestyle lectures.

You will gain access to Olympic standard physiotherapy.

On and off court mentoring beyond the 2 year programme

The Academy can open up pathways to universities, EBL senior clubs and to European and American development systems.

You will have a choice of schools to attend all within walking distance of each other to suit all your individual academic requirements at all levels.

## How do I get a place at the Academy?

If you wish to continue to pursue a career in basketball whilst continuing to maintain your academic studies and would like to attend the Bucks Hornets Academy, or if you would like more information then please email: [lmccarthy@buckshornets.co.uk](mailto:lmccarthy@buckshornets.co.uk)



# About Bucks Hornets Basketball Club ...



**Bucks Hornets** was formed in 2008 with one team of U14 boys from Aylesbury, Milton Keynes and the surrounding area, with the aim of producing elite basketball players and a successful Junior National League club. In their rookie season the team went on to win the South II Region and reach the final Elite 8 in the National Playoffs. In 2009, the club expanded to 3 teams of U14 and U15 boys, and U14 girls. In 2010 the number of teams increased to 6 and 80 players: U13, U14, U15, and U16 boys, and U14 and U16 girls. The U16 boys being placed in the Premiership League, which has the top 20 U16 teams in the Country.



## **England Basketball 3 Star Club Mark Award**

The Club was accredited in June 2010.

The Club and its coaches work closely with Schools in Buckinghamshire and local leagues to develop aspiring basketball players as well as increasing the general participation in what is now one of the largest team participation sports in the Country.

## **Honours 2008/9:**

U14 Boys - South II - Champions.  
U14 Boys - National Playoffs - Elite 8.

## **Honours 2009/10:**

U15 Boys - NBA Adidas tournament - Champions  
U15 Boys - South II - Champions.  
U15 Boys - National Playoffs - Elite 8.  
U15 Boys - U16 Sureshot Cup - Last 16.  
U14 Boys - South II - Runners up  
U14 Boys - National Playoffs - Last 16  
U14 Girls - Midlands South - 3<sup>rd</sup> Place



**Aim:** The Hornets' Basketball Club aim is to be the best team in the Country by playing the best basketball.

**Opportunity:** Everyone has the opportunity to play for the Hornets.

**Hard Work and Good Attitude:** Ability needs these 2 fundamentals to succeed.

**Lessons for Life:** Team work, leadership, attitude, hard work, commitment, respect for others, self respect, being magnanimous in victory and graceful in defeat.

# What We Stand For ...

# Our Academy Partners



**Elite Physical Medicine** is a team of 5 Chartered Physiotherapists, 2 Sports Physicians and 2 Massage Therapists based in a custom built rehabilitation facility in Aylesbury, Buckinghamshire. We deal with a wide range of neuromusculoskeletal conditions and sports injuries. ([www.elitephysicalmedicine.co.uk](http://www.elitephysicalmedicine.co.uk))



**Aylesbury Grammar School** is a highly successful boys' grammar school, established in 1598 in the heart of Buckinghamshire. We are a High Performing Specialist School with specialisms in Science, Languages and Maths & Computing. ([www.agb.bucks.sch.uk](http://www.agb.bucks.sch.uk))



**Aylesbury High School** Aylesbury High School is a busy, ambitious and forward-looking community that provides an excellent experience for the students at the heart of our community. The school is a highly successful girls' grammar school, situated in the centre of Aylesbury. ([www.ahsonline.co.uk](http://www.ahsonline.co.uk))



**The Grange School** is a specialist school in Business and Enterprise. The school is a mixed upper school for pupils aged 11 -19 years. Within our caring environment we help individuals develop social awareness and encourage them to gain respect for themselves and each other. ([www.grange.bucks.sch.uk](http://www.grange.bucks.sch.uk))

## Contact Us ...

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